



The 15th Annual

Lafayette Health Awareness Series presents

WEBINAR with host **Shelagh Rogers** OC
Chancellor of the University of Victoria, CBC Radio journalist
and host of "The Next Chapter"

THE ART OF LIVING IN THE TIME OF COVID

THURSDAY
OCTOBER 1
7.00 to 8.30 pm

Pre-registration is required

Please visit the **Webinar** website,

<https://tinyurl.com/Lafayette2020>

or the **LSQ** website

www.lafayettestringquartet.ca

Only one person per viewing group
or household need register

DONATIONS from this event will go
towards establishing a Lafayette Music and
Health Legacy Fund

FEATURING GUEST SPEAKERS



BONNIE HENRY

MD MPH FRCPC, Chief Provincial
Health Officer, British Columbia;
Associate Professor UBC



STEVEN TAYLOR

PhD, R. Psych, UBC Dept of Psychiatry;
author of the "Psychology of Pandemics"



TERENCE TAM

MD, CCFP (EM), Affiliate
Clinical Instructor, Division of Medical
Sciences, University of Victoria;
Concertmaster, Victoria Symphony



Institute on Aging
& Lifelong Health

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